



HEALTH ALERT: COXSACKIE (Hand, Foot, & Mouth disease)

Your child may have been exposed to Coxsackie. Hand foot and mouth disease is contagious and usually occurs in children under 10 years of age, but occasionally can occur in young adults.

- SIGNS: Symptoms usually occur 3-5 days after exposure, fever, poor appetite / difficulty swallowing, runny nose, sore throat, drooling, blister-like rash on the hands, feet, and in the mouth usually develops 1 to 2 days after the initial symptoms.
- Transmission: Direct contact with nose and throat discharge and blisters of infected people.
- Exclusion: Excluded until blisters are crusted over and fever free for 24 hours and medical clearance from a healthcare provider. May return when all exclusions are met.
 - Note: Any illness which prevents a child from participating or causes discomfort is cause for exclusion.

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